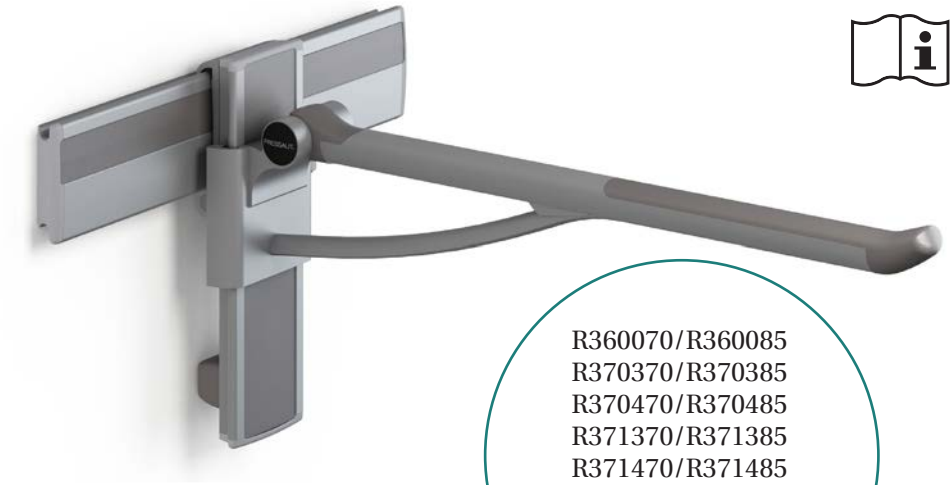
care spaces®
by Wealden Rehab



R360070/R360085
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R371470/R371485
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R391470/R391485

PLUS support arm – Operation and maintenance manual **en**

English 3

en The guarantee covers faults or defects in material or manufacture within a period of 5 years. Products are subject to minor technical modifications and design deviations. E. & O.E.

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Mounting instruction

A mounting instruction is included with the product. It can also be downloaded from www.pressalit.com.

Operational signage

An operational signage can be downloaded from www.pressalit.com.

Symbols used in this manual

The following symbols are used in this manual as well as the associated documentation supplied with the product.

WARNING

WARNING indicates a potentially hazardous situation which, if not avoided, could result in death or serious injury.

CAUTION

CAUTION indicates a potentially hazardous situation which, if not avoided, may result in minor or moderate injury. It may also be used to alert against unsafe practices.

IMPORTANT

IMPORTANT indicates important information about handling and use of the product.

NOTICE

NOTICE is used to address practices not related to personal safety.

Hand injury warning.

General safety

WARNING

- Read and understand the manual completely before use. Keep the manual close to the unit.
- Comply with this manual to avoid accidents involving serious personal injury.
- Never use or handle this product in other ways than are specified in this manual, as this can put your safety at risk and cause damage to the product.
- Make sure that everyone who is to install or use the product and its systems has the necessary information and access to this manual.

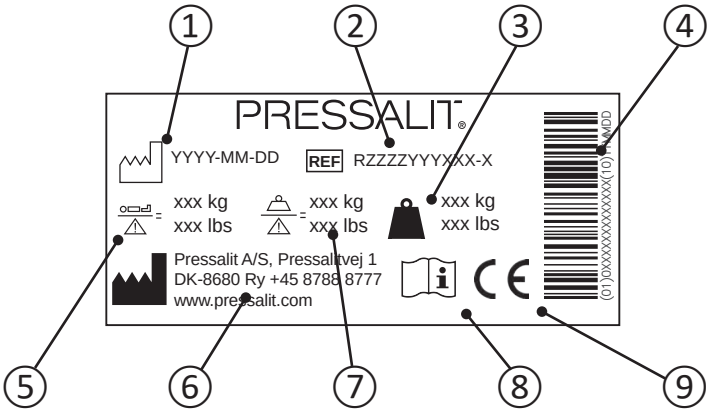
CAUTION

- Please comply with these instructions to avoid the product becoming damaged or destroyed.
- Do not perform repairs, disassembly, or assembly operations, extensions, re-adjustments or modifications to this product. These must be carried out by Pressalit or by persons authorized by Pressalit only.
- Never allow children to operate this product unless under supervision. The product is not intended for play.
- Never use the product if it is defective or damaged. Do not use a defective product before it has been repaired.

NOTICE

- The information in this manual is based on correct fitting of the product in accordance with our Assembly instruction.
- Pressalit Care cannot be held liable if the product is used in any way which differs from that described in the guide.
- We reserve the right to amend this manual without prior notice.

Product label



①	Production date
②	Article number
③	Product weight
④	GS1-128 barcode
⑤	Maximum user weight
⑥	Name and address of manufacturer
⑦	Safe working load
⑧	Consult manual for use
⑨	This product is CE-marked in accordance with the European Medical Device Regulation 2017/745. A declaration of conformity can be found at www.pressalit.com.

Versions

Product label placement ①.

R360070

R360085

R371370

R371385

R371470

R371485

R370370

R370385

Versions

Product label placement ①.

R370470

R370485

R381470

R381485

R391370

R391385

R391470

R391485

Intended use

The support arm is used as support for a person when he or she sits down or gets up from a toilet.

Intended user profile

The product can be used by all - adults, children, young and old.

Operating environment

For indoor use in a wet environment, such as a bathroom or wash room, in private homes, nursing homes and hospitals. For institutional use, the expected life time is 10 years.
Life cycle test performed according to ISO 17966:2016.

NOTICE

If the product is installed in an atmosphere heavy in salt or chloride, the warranty will be reduced from the normal 5 years to 1 year.

Salt and chloride have a corrosive effect on the products components and will cause a decrease in the life expectancy of the product. The damaging effects can, however, be reduced if the product is showered with tap water on a daily basis.

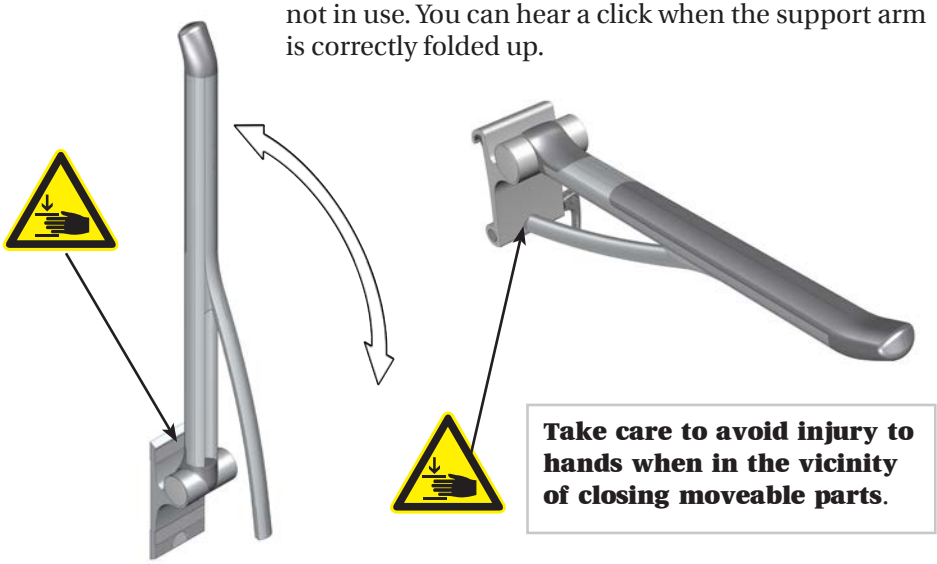
⚠CAUTION

The surface of the product may become hot and / or cold if exposed to external sources of heat or cold (eg sunlight or frost).

Operating instructions

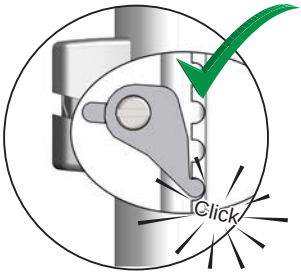
All support arms

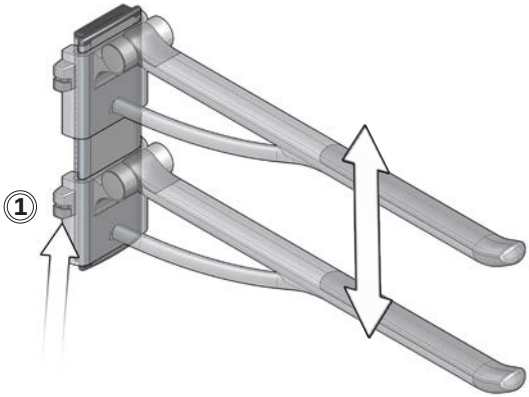
Fold the support arm fully down. Fold it back up when not in use. You can hear a click when the support arm is correctly folded up.

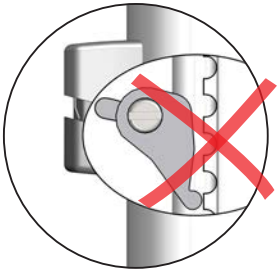


Take care to avoid injury to hands when in the vicinity of closing moveable parts.

Height adjustable support arms

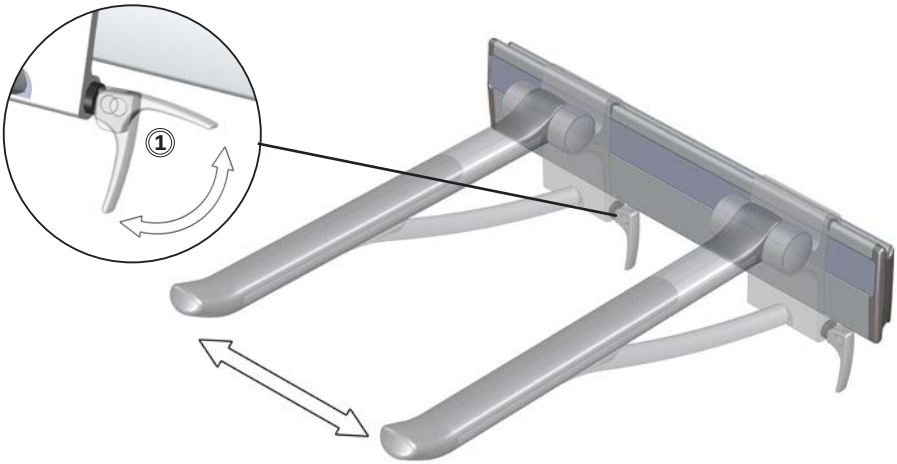






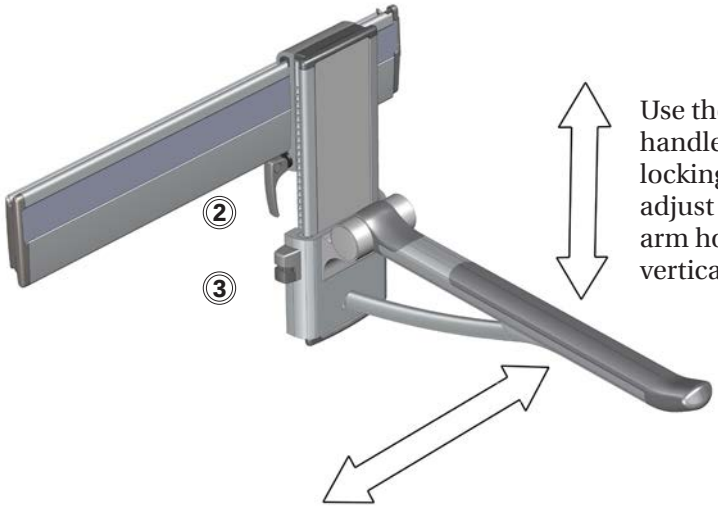
To adjust upwards, pull the product upwards. To adjust downwards, pinch the locking button ① and hold it closed while moving support arm down. Release the locking button to secure the support arm in place. Make sure that the locking button pin is engaged in the notch.

Sideways adjustable support arms



Release the locking handle ① and move the support arm sideways. Tighten the locking handle again to secure the support arm in place.

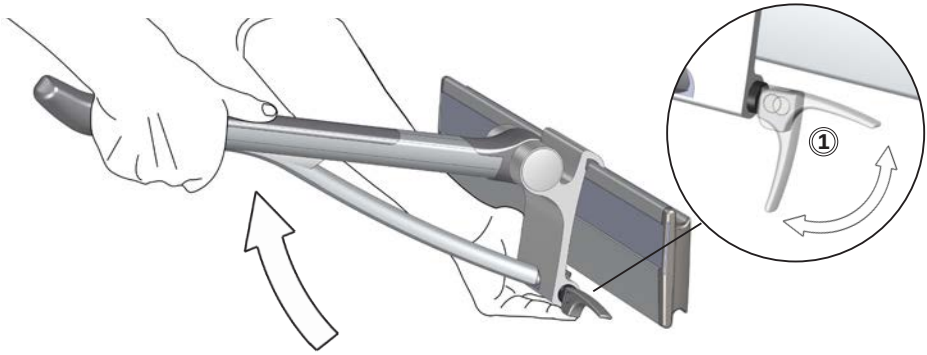
Height and sideways adjustable support arms



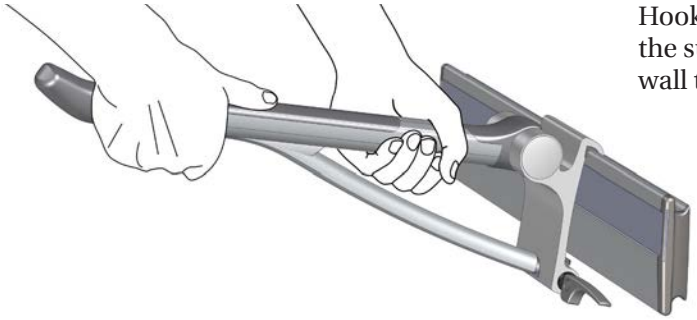
Use the locking handle ② and the locking button ③ to adjust the support arm horizontally and vertically.

Dismounting from wall track

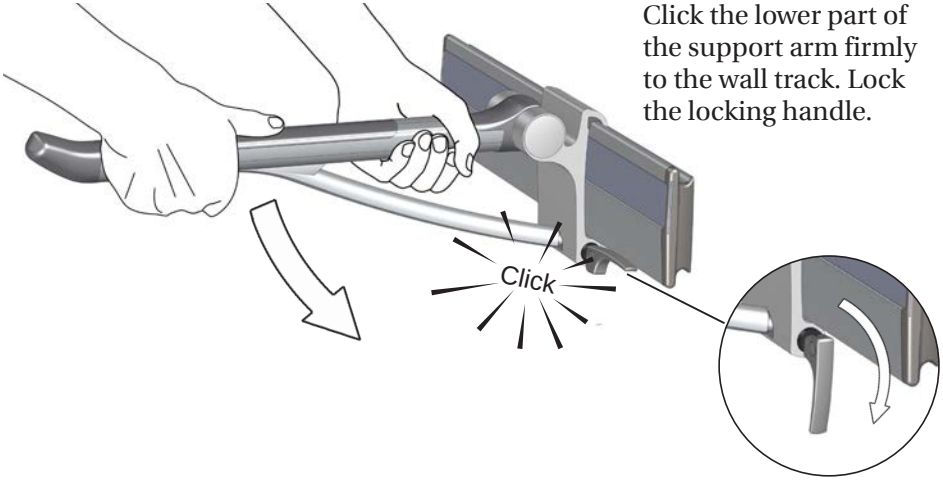
To remove the support arm from the wall track, release the locking handle ① and lift the support arm upwards.



Mounting on wall track

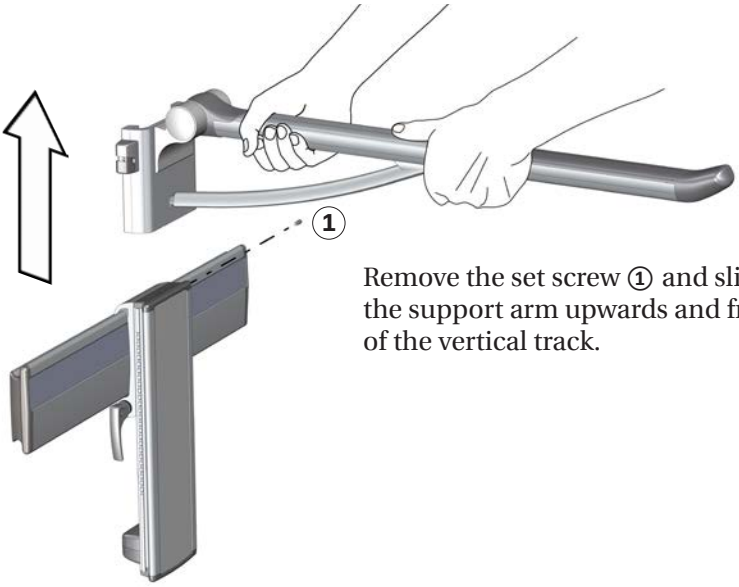


Hook the upper part of the support arm on the wall track.



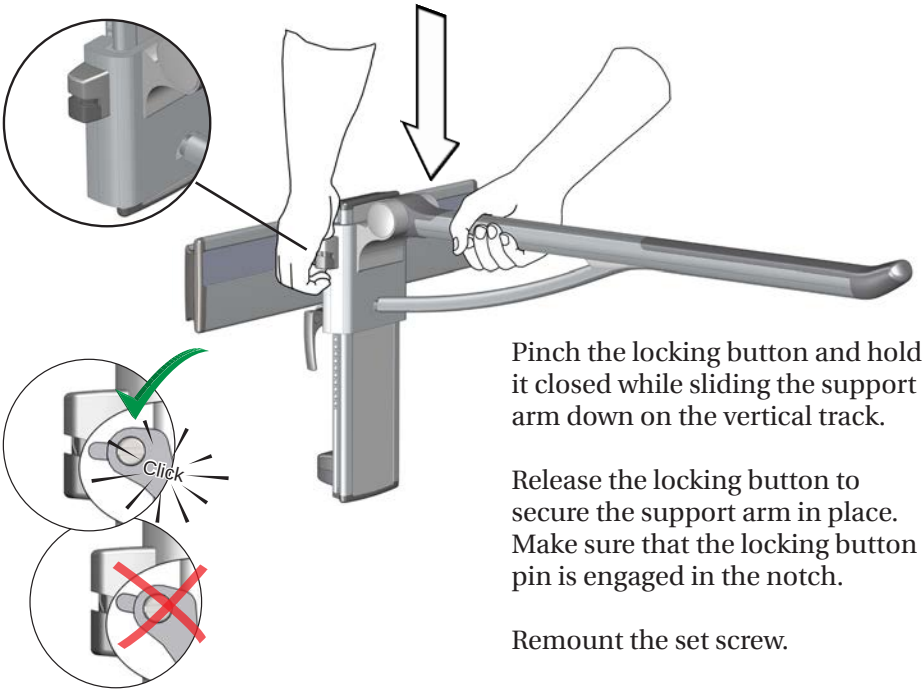
Click the lower part of the support arm firmly to the wall track. Lock the locking handle.

Dismounting from vertical track



Remove the set screw ① and slide the support arm upwards and free of the vertical track.

Mounting on vertical track



Pinch the locking button and hold it closed while sliding the support arm down on the vertical track.

Release the locking button to secure the support arm in place. Make sure that the locking button pin is engaged in the notch.

Remount the set screw.

Cleaning

The product is to be cleaned with hot water or a mild soapy cleaning agent. A list of suitable cleaning agents tested by Pressalit can be found on www.pressalit.com.

⚠CAUTION

Always read the material safety data sheet (MSDS) and supplied instructions of the cleaning, disinfecting or de-scaling agent and comply with instructions for safe use, dilution, rinsing, drying, handling and storage of the agent.

IMPORTANT

- Do not use an autoclave or other type of steam cleaner.
- Avoid aggressive cleaning agents containing acids
- Never spray the product directly with a high pressure cleaner.
- Avoid use of abrasive, corrosive or chlorine-based cleaning or disinfecting products.

To remove limescale

To remove limescale marks on the aluminium parts, use 3 parts 30% household vinegar to 7 parts water and afterwards wipe the parts with a cloth wrung out in clean water.
In countries with relatively high levels of lime in the water supply, it may be necessary to remove limescale deposits from the aluminium parts using a de-scaling agent such as acetic acid. Test this first on a area that is not visible when the product is in use.

Maintenance

Remove dust from the wall mount of the sideways adjustable support arm at a regular basis. Wipe with lubricant.
Expected service life of the support arm is 10 years.

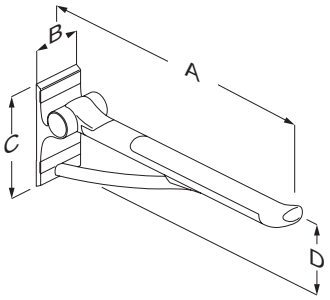
Trouble-shooting

Symptom	Cause	Action
The product can't be moved sideways.	There might be dirt or dust on the horizontal walltrack.	Clean the walltrack and grease it with silicone.
The locking button doesn't lock.	The lock is not properly adjusted.	See mounting instruction.

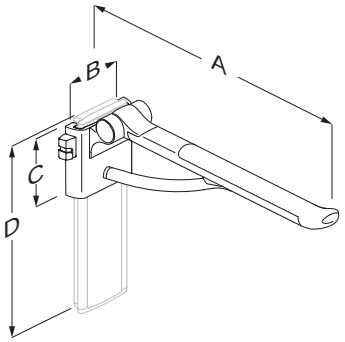
Technical data

Max user weight	150 kg / 331 lbs
Materials	Anodized aluminium Stainless steel SEBS ABS

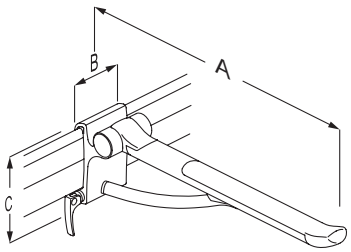
Dimensions, mm



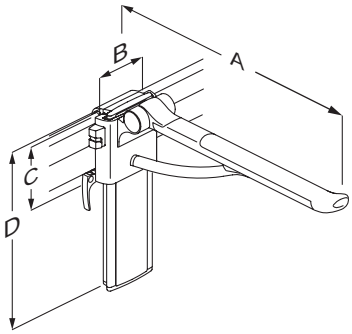
	R360070	R360085
A	700	850
B	100	
C	210	
D	168	



	R371370 R371470	R371385 R371485	R370370 R370470	R370385 R370485
A	880	730	730	880
B	128			
C	150			
D	424			

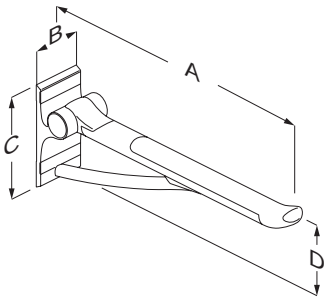


	R381470	R381485
A	700	880
B	104	
C	175	

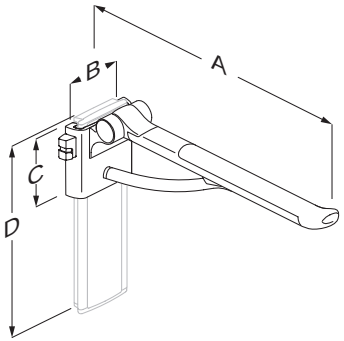


	R391370	R391385	R391470	R391485
A	770	770	920	920
B	128			
C	150			
D	424			

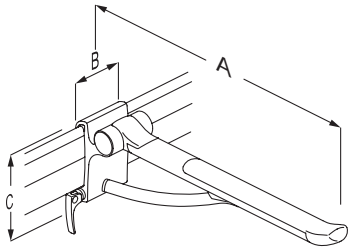
Dimensions, inches



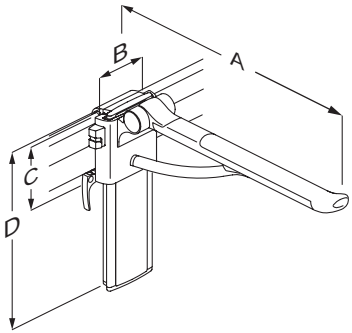
	R360070	R360085
A	27.55	33.46
B	3.9	
C	8.26	
D	6.61	



	R371370 R371470	R371385 R371485	R370370 R370470	R370385 R370485
A	34.64	28.74	28.74	34.64
B	5.03			
C	5.90			
D	16.69			



	R381485
A	34.64
B	4.09
C	6.88



	R391370	R391385	R391470	R391485
A	30.31	30.31	36.22	36.22
B	5.03			
C	5.90			
D	16.69			

Product weights

Model number	Product mass [kg]	Product mass (lbs)
R360070	2,78	6.12
R360085	3,10	6,83
R371370	2,78	6.12
R371385	3,34	7.36
R371470	2,78	6.12
R371485	5,20	11.46
R370370	4,00	8.81
R370385	4,34	9.57
R370470	4,00	8.81
R370485	4,34	9.57
R381470	3,10	6,83
R381485	3,10	6,83
R391370	4,01	8.84
R391385	5,20	11.46
R391470	4,01	8.84
R391485	3,34	7.36

Disposal and recycling

The unit contains reusable materials. There are no known hazards or risks associated with disposal of the product. All components can be discarded after having been cleaned and disinfected.

When disposing of the product, we recommend that it be disassembled and broken down into different waste groups for recycling or combustion.

The following table provides information on the recycling and handling of the product.

Aluminium	Aluminium is theoretically 100% recyclable without any loss of its natural qualities. It requires only 5% of the energy used to produce primary aluminium. The quality of recycled aluminium is so high that it can be used again and again, even in the case of anodised products as the anodised layer is a natural part of the aluminium.
Steel	Steel can be recycled by being re-melted and included as a secondary material in the production of new steel.
SEBS	Use plastic sorting and recycling systems where they are locally available, otherwise incinerating plastic has the added benefit of generating energy, which can be used for, for example, combined heat and power production.
ABS	As virgin ABS is somewhat expensive, recycling ABS is economically very attractive. Recycled ABS can be blended with virgin material to produce products with lower cost while preserving the high quality.